



NATHANIEL J. WILLIAMS
Ed.D., MHS, MPA

Dr. Williams' journey from orphan and foster child to doctor of education, CEO and author has been both challenging and rewarding. However, he has proven that it can be done when a person possesses commitment, tenacity and integrity. This

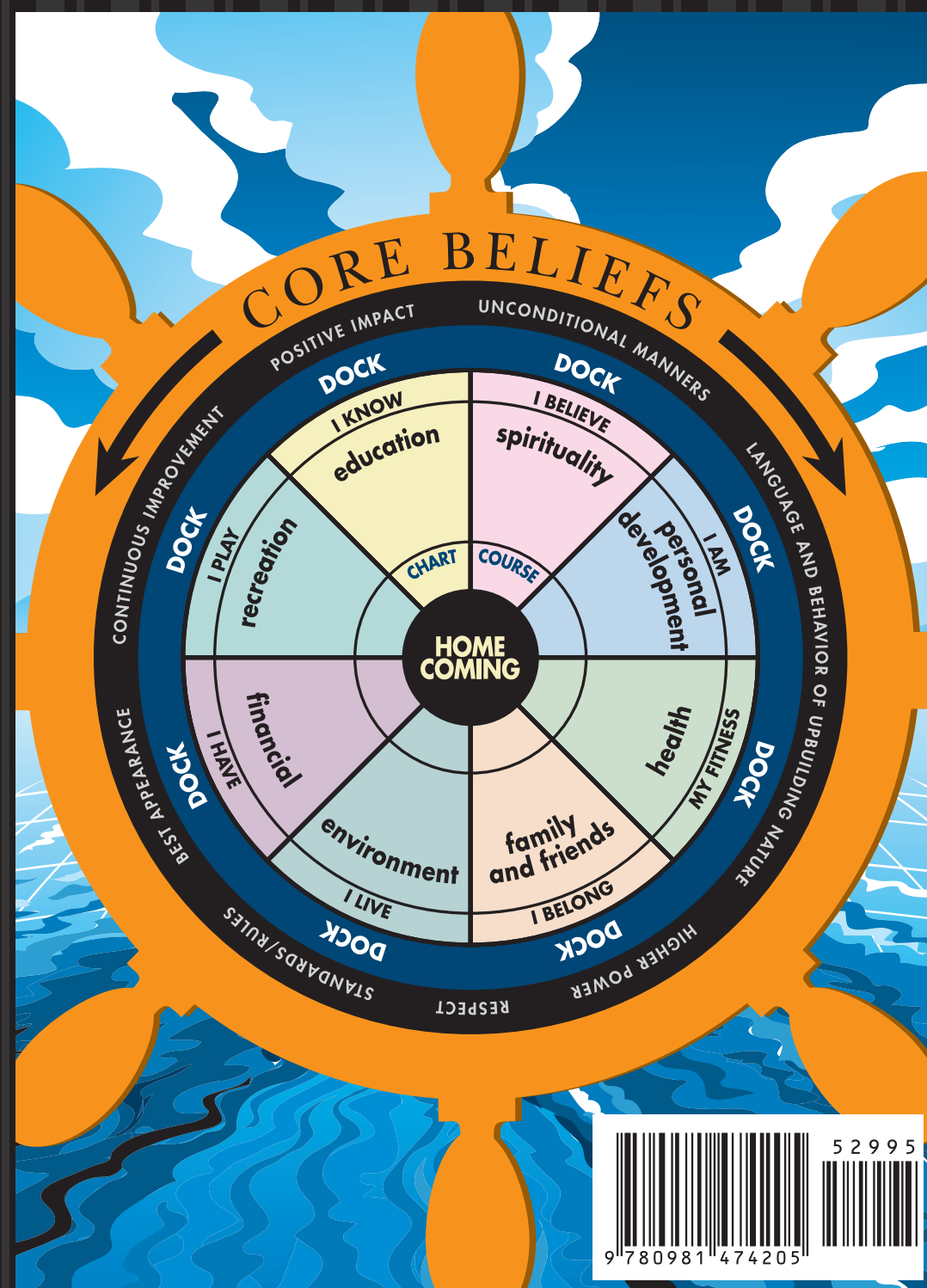
journey has consisted of Dr. Williams being a direct care worker, foster parent, entrepreneur, non-profit/for-profit Chief Executive Officer, adjunct professor, Scholar-in-Residence and motivational speaker. After the sudden death of his mother, he and 9 of his 11 siblings spent the majority of their youth in the New York City foster care system. This experience made an indelible mark on both his life and professional work, and continually spurs him to improve options and opportunities for others currently served by the human service system.

Dr. Williams is proud to have earned two of his three graduate degrees from the nation's two historically black colleges and universities. His Masters in Human Services comes from Lincoln University of Pennsylvania and the Masters in Public Administration from Cheyney University of Pennsylvania. He earned a Doctorate in Education at Fielding Graduate University. In addition, Dr. Williams was awarded the 2007-2008 Frederick Douglass Institute (FDI) Scholar-in-Residence position at Kutztown University of Pennsylvania.

Dr. Williams is very interested in the area of personal and professional development and truly wants people to reach their fullest potential. He spends a great amount of time and energy providing training and workshops for employees and community members on topics that include stress management, time management, ethics, conflict avoidance/resolution, and customer service/loyalty. Dr. Williams resides in Pennsylvania with his wife and their six children.

Additional Resources:
www.navigatoroflife.com
www.nj-williams.com

THE NAVIGATOR OF LIFE™

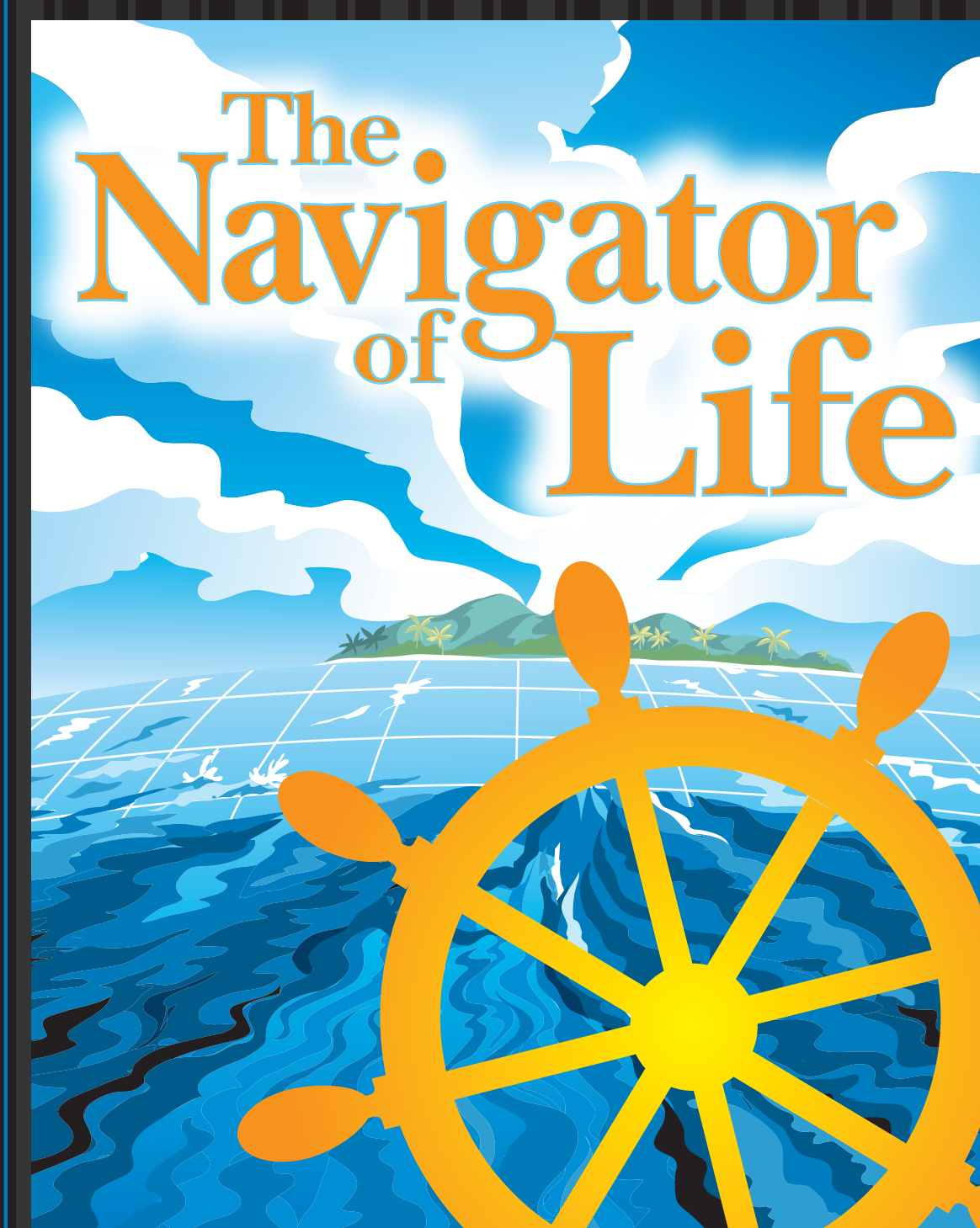


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The Navigator of Life

Nathaniel J. Williams, Ed.D., MHS, MPA

KEEPING YOUR SHIP OF LIFE *in balance and on course*



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\$29.95

The Navigator of Life

This model encourages the processing of issues through three phases that include:

1. Dock
2. Chart Course
3. Home Coming

In the Dock phase, people need to remind themselves of the Core Beliefs:

- Positive Impact
- Higher Power
- Standard/Rules
- Continuous Improvement
- Unconditional Manners
- Respect
- Best Appearance
- Language and Behavior of Upbuilding Nature

Only after having resolutely determined to act within the parameters of these good values can people move to the Chart Course phase.

Here they ask themselves a series of questions relative to the eight vital areas of their lives:

- Education: What they know
- Spirituality: What they believe
- Family and Friends: With whom they belong
- Recreation: How they play
- Financial: What they have
- Health: Their fitness
- Environment: Where they live
- Personal Development: How they mature

In the Home Coming phase, what individuals learn from their answers to the questions above provides them the resources required to successfully navigate around whatever obstacles they face.

At this juncture, people decide on the course of action they believe will best help them negotiate the twists and turns of their current dilemma.